

HAVE A GO AND PLAY NETBALL - ITS NOT IF YOU WIN OR LOSE ITS HOW YOU PLAY THE GAME

BITS 'N PIECES

Liz Ellis Clinic

Liz Ellis is running a coaching clinic in the holidays on Wednesday 14 July. If you are interested check

www.lizellis.com.au

From the Chief Manager...

A roster is being drawn up for court allocations for training at Coolong Reserve. Each team will be allocated a specific court for use during training and it would be appreciated if each team could adhere to the roster. It will be emailed to all coaches and managers and be displayed on the board in the gazebo on match days. Our courts are the three courts closest to the club house; Impalas uses the three courts closest to the road. Please respect your other teams and coaches and make training fair and fun for all.

Photo's are booked for the 26 June 2010 at Kellyville, more details to follow closer to the date.

PLAYER & TEAM NEWS....

If any one would like to contribute to the newsletter please email newsletter@gazellesnetballclub.org.au

WHISTLE BLOWING NEWS

HERE IS SOME INFORMATION TAKEN FROM THE BAULKHAM HILLS NETBAL ASSOCIATION UMPIRING GUIDELINES FOR GAMES IN 2010

- From the Team Bench, coaching is allowed while play is in progress. Coaching is also allowed during intervals but not allowed during any Stoppage. Team Officials and bench players may not indulge in inappropriate comments or behaviour, including moving up and down the Side Lines or along the Goal Lines during play

- DUTY OF CARE - PLAYER SAFTEY
- No item of jewellery, except a wedding ring and/or medical alert bracelet, shall be worn. If either or both are worn, each shall be taped. (Rule 1.4.3)
- No adornment that may endanger player safety shall be worn (Rule 1.4.4)
- Fingernails shall be short and smooth (Rule 1.4.5)

- MODIFIED UMPIRING
Umpires apply Modified Rules for Nettaball divisions i.e. 7rs, 8yrs and 9yrs for the whole season

- If you are umpiring a 7, 8 or 9 year old game, please check the ball at the start of the game or whenever it is changed throughout the match. These age groups must be using a Size 4 ball. All other age groups use the standard Size 5, but it is important that our little girls are using the smaller size.

If you are umpiring at the beginning of the day please ensure the posts have post pads on, if they don't ask one of the team managers to arrange it.

Happy Umpiring,
Kristin Parle Junior Umpire Convenor

No Games 24 April.
Net Set Go Starts 1 May

**WET WEATHER
CHECK THE FOLOWING WEB-SITES AFTER 7AM**

www.baulkhamhillsnetball.com.au
www.gazellesnetballclub.org.au

Coaching Corner

Gazelles now has some coaching books with 101 drills to inspire some new ideas. There are 2 books one covers the 7-12 years & the other 12 + Please email Kylie at coaching@gazellesnetballclub.org.au to borrow a copy.

Want to plan your drills on line? Go to www.sportplan.net. Take a look at Cath Cox's new website www.holdingcourt.com.au, use the free trial to compose a set of drills for a complete training session

Beginning Coaching General Principles, the online course has been developed to assist coaches to learn the basic skills of coaching. It is especially aimed at people coaching children.

The online course is currently available free of charge to Australian coaches due to a subsidy provided by the Australian Sports Commission (ASC). To access this course please click on the link below and follow the prompts:

<http://www.ausport.gov.au>

-Kylie Cann Coaching Co-ordinator

Email: coaching@gazellesnetballclub.org.au

CLUB CONTACTS

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If you would like to include an article in the Gazelle Gazette email to: [Jenni Anson](mailto:jenni.anson@gazellesnetballclub.org.au)
newsletter@gazellesnetballclub.org.au

WEEK 3 - 17 APRIL 2010

TEAM	VERSED	RESULT	COMMENTS
23 - 7 Years	Glenhaven	Loss	The girls all tried really hard today and had a few shots at goal, with all the breaks with school holidays etc, it is hard to remember positions . Alexia was Player of the Week.
22 - 8 years Grevillia	Glenhaven	Win 15 - 2	Congratulations girls on a game well played. Everyone got into the action this week. We had fabulous shooting by Ava, Tahlia and Georgia, fabulous breaking and intercepting by Tahlia, Sylvie and Helena. Nice work in defence also. It was hard to choose a stand out this week it was so close...but Congratulations to Helena who was all over the court catching and throwing good passes and therefore is our player of the week!
21 - 9 Years Possums			
20 - 9 Years Koalas			
19 - 10C			
18 - 10B			
17 - 11D			
16 - 12C	OLOL	Win 27 - 8	The Gazelles girls came out strong on Saturday after 2 weeks off. The had a strong win over OLLOL 27 -8. Congratulations girls a great team game!
15 - 12A			
14 - 13D			
13 - 14C	Impalas	Loss 11 -13	This should have been a comfortable win, but we gave it away in the first quarter. Late nights and jet lags didn't help, but still a game given away. The skill is definitely there in this team, you just have to decide how bad you want to win. Some nice spacing from Taylor – good work, Danielle did well in shooting and moving around, Anna and Courtney played sold games. Claudia, early night next Friday; Sandra, lots of rest this week; Paige less socializing on the court, you have all week for that, LOL! Better next week girls!
12 - Cadet 7			
11- Cadet 5			
10 - Cadet 3			

WEEK 3 - 17 APRIL 2010

TEAM	VERSED	RESULT	COMMENTS
9 - Cadet 2			
8 - Cadet 1 (8)			
7 - Cadet 1 (7)			
6 - C Res 2			
5 - C2			
4- C1			
3 -B4 (3)			
2 - B4 (2)	Castle Hills Sports	Win by 10	Gazelles defeated Castle Hill sports by 10 goals.
1 - A2	Pheonix	Loss 37-38	Firstly a huge thank you to Kat Thew for filling in for us at the last minute – and for doing such a great job in GA which is not her preferred position. We took a little while to warm up which unfortunately gave Phoenix a good start. But with some pressure from the defence and some impressive plays down the court in attack, the goals made there way in and we almost caught them. Shame it was a loss, but it was a great result on the day considering a few players were missing. Final congratulations to Megs for such an impressive effort and great game for her first week back – you wouldn't know she'd had a baby only 7 weeks ago!